

## COACHING DISCLAIMER & WAIVER

*Please read this disclaimer thoroughly, and initial each paragraph as proof that you have read and understood it. It will need to be signed and returned to me by anyone participating in the session before we can work together.*

\_\_\_\_\_ I understand that the coaching services I will be receiving from Jessica Herthel (hereafter, “my Coach”) are for informational and educational purposes only. They are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat or cure any mental health or medical conditions. I also understand that my Coach is not acting as a mental health counselor, a medical professional, or a legal advisor.

\_\_\_\_\_ I understand that coaching is, at present, an unregulated industry and that my Coach is not licensed for coaching services by the State of California. I also understand that for all legal purposes, the services of by my Coach will be considered to be provided in the State of California.

\_\_\_\_\_ I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions.

\_\_\_\_\_ I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and I will not use it in place of any form of therapy. I understand that my Coach can terminate services at any time if she deems that I am not a suitable candidate for this type of support.

\_\_\_\_\_ I understand that all comments and ideas offered by my Coach are solely for the purpose of aiding me in learning how to best support my child or loved one. I have the ability to give my informed consent, and hereby give such consent to my Coach to assist me in achieving such goals.

\_\_\_\_\_ I understand that to the extent our work together involves family or interpersonal dynamics, my Coach is not promising outcomes or making any guarantees.

\_\_\_\_\_ I understand that the testimonials are statements from individuals who can speak to my character and the quality of my work. They are not intended to represent or guarantee that current or future clients will achieve the same or similar results; rather, these testimonials represent what is possible for illustrative purposes only.

\_\_\_\_\_ I understand that my Coach will protect my information as confidential unless I request otherwise in writing. If I report child, elder abuse, or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement is limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, she will do so to the extent the law requires.

\_\_\_\_\_ I understand that the use of technology is not always secure and I accept the risks of confidentiality in the use of email, text, phone, Zoom, and other technology. Zoom sessions are not to be recorded without the written permission of my Coach.

\_\_\_\_\_ I hereby release, waive, acquit and forever discharge my Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement.

\_\_\_\_\_ I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed name: \_\_\_\_\_

Email address: \_\_\_\_\_

Scan this document to [Jessica@FollowTheRainbowCoaching.com](mailto:Jessica@FollowTheRainbowCoaching.com) or text to 954-326-9740